



All About Me Booklet Tips

Tips

- Individualize and personalize the booklet along with the young person
- Use an appropriate format e.g. words, pictures, symbols, tables, diagrams
- Talk / communicate with the young person about anything they would like to add to the booklet
- Work collaboratively with parents/carers to ensure the booklet is reflective of the young person's needs
- Share the booklet with all concerned parties
- Make it enjoyable and meaningful to the young person (not just a paperwork exercise)
- Use positive language e.g. "Things I would like to get better" at rather than "Things I am not good at".

Examples of Information that could be included:

- Personal details and photograph
- How they communicate
- Hobbies and Interests
- What they enjoy doing at school and what they want to get better at
- What a good day and a bad day may look like
- What helps them to learn and work e.g. sensory breaks, ear defenders, task lists, quiet environments
- Who is important to them and why?
- What they would like to tell their new teacher or school
- Something they are proud of or that they are looking forward to
- Something that they might be worried about
- Who their friends are?

Some examples of these booklets can be found below:

SEND & Inclusive Learning Team

<https://www.schoolimprovementliverpool.co.uk/teams-sendinclusivelearning>